

# Your Business Coach

**Who's it for?** Small business owners who want to schedule a regular slot to develop their skill-set and thinking skills as business owners. Ideal for those who feel stuck with their businesses.

**How will it help?** Your Business Coach is a distance coaching service designed to be flexible around your business commitments. Coaching sessions take place by phone or email, and are backed up by a bespoke follow-up skills development package with exercises and activities to develop new abilities and approaches.

**What subjects are covered?** The subjects addressed via Your Business Coach will depend very much on what comes out of the coaching sessions. Typically the skills areas that are developed are:

- Creating a compelling vision and aligning values
- Prioritisation
- Time management
- Goal setting
- Business planning
- Marketing planning
- Confidence
- Getting re-motivated
- Action planning
- Networking skills

**What methodologies are used?** We deliver Your Business Coach via

- Coaching sessions (face to face or on the phone)
- Email coaching
- Monthly package of bespoke follow up activities
- Training modules & exercises

**Is it for me?** If you want regular one to one support to help you to work on your business rather than in your business. Being accountable to your coach for actions you agree to take will bring you amazing results and you will soon see the progress.

**Costs?** From £49 per month, which includes your coaching consultation and follow up tailored package of development.

Contact us to book your free taster session of Your Business Coach  
07968 227736 [info@skillstogo.co.uk](mailto:info@skillstogo.co.uk)

